

Annual Spring Dzogchen Meditation Retreat



April 8-13, 2018
Serra Retreat Center ~ Malibu, California

We invite you to join Dzogchen Lineage Holder Lama Surya Das for our annual Spring Dzogchen Meditation Retreat at the beautiful Serra Retreat Center in Malibu, California as we awaken to the joy of naturally-arising timeless awareness and discover the View, Meditation and Action of the Great Perfection: timeless and inspiring heart-essence instructions passed down in this contemplative tradition for many centuries.

Throughout the week Lama Surya, assisted by Lamas Christopher and Daniela Coriat, will teach and offer lively Q & A sessions. In addition to guided and silent meditations, dharma talks, heart-opening chanting and private interviews, this retreat will also feature optional and uplifting Tibetan Energy Yoga each morning and is open to all levels of meditators.

Outside of the teaching hall, the precious gift of Noble Silence is observed, allowing us the peace and spaciousness to explore the mind, as well as to rest and retreat from the busyness of everyday life & chatter.

Registration fees are inclusive of accommodation and delicious vegetarian meals for this six-day retreat.

For Information & Registration www.dzogchen.org/retreats or email retreat@dzogchen.org

LAMA SURYA DAS was among the first spiritual explorers to encounter the great Tibetan masters in Asia; he is a Lineage holder in the Dzogchen tradition of Tibetan Buddhism, and a pioneer in bringing these sacred teachings to the West. His 45+ years of study and practice have included more than 8 years in secluded retreat. He began teaching in the U.S. with Nyoshul Khen Rinpoche, who formally authorized him to transmit the teachings of Dzogchen—the Great Perfection. His special gift is the ability to transmit the very pith of Dzogchen instructions with expansive warmth, poetry and abundant good humor, in a way that is accessible to all. He teaches and leads retreats around the world, and has reached millions through the publication of 14 books, including his best-seller Awakening the Buddha Within and his latest work

Make Me One With Everything: Buddhist Meditations to Awaken from the Illusion of Separation.